



KNIGHTS OF COLUMBUS

IN SERVICE TO ONE. IN SERVICE TO ALL.

EAST YORK, PENNSYLVANIA COUNCIL #6353

Grand Knight Newsletter March/April 2016

Brothers,

It seems like true winter is finally here. Temperatures in the single digits and snow flurries, plus inches in the air. Be extremely cautious when shoveling or blowing the white stuff. The forty days of Lent are here according to the calendar. Easter is earlier this year than other years. As we proceed through this Lenten Season, many of us are fasting from something we typically enjoy other times of the year. The following list reflects some additional items my dear mom would give to the family to consider fasting from during the forty days of Lent:

- 1) Fast from negatives
- 2) Fast from bitterness
- 3) Fast from anxiety
- 4) Fast from complaining
- 5) Fast from worry
- 6) Fast from pessimism
- 7) Fast from anger
- 8) Fast from discontent
- 9) Fast from pride
- 10) Fast from emphasizing differences

Anything that you fast from can be replaced with Prayer, reading Scripture, and spending more quiet time with our Lord and Savior. Cherish this Lenten Season and let it re-energize your existing Faith.

Giving up something? Instead, why not give of your time and talents for the good of the order. Your Knights of Columbus Council can use your help. This is a very positive time to be an active Knight of Columbus. We need new folks to step up to ever changing challenges. As we expand our impact, we need to balance this with expanded manpower. Now, may be your time. Our Deputy Grand Knight, Dick Lyko is preparing his roster of officers for the 2016-2017 year and needs your feedback to establish talented, strong and faithful team. Please contact Dick Lyko at (717) 347-7750 to discuss your interest.

As Knights of Columbus, we are called to stand with all those Christians around the world who are suffering from violent persecution, offering spiritual and material assistance to these



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vitamins of crimes against humanity. Please pray daily for our Christian brothers and sisters-- for their perseverance in faith and hope, the improvement of their living conditions, and the restorations of peace in their land.

Please remember to pay your 2016 dues. Our financial secretary, Wayne Kurek is trying get 100% participation.

Bill A. Schreiber
Grand Knight 6353
Vivat Jesus